



THE OLIPHANT

NO. 114

WELHAM BOYS' SCHOOL

15th April, 1991

THINK ABOUT IT

*Nothing is more dangerous than an idea,
when a man has only one idea*

-ALAIN.



Editorial

BEAUTIFUL LEGS around campus! (relax boys!) Now that I have your attention, not all of them are. I refer to the summer dress. Shorts to be specific, with these long, thin, thick legs, hanging, projecting, falling out of them. Well, legs all right but not all of them are worth a display, certainly not the 'HAIRY' ones. The present batch of the 11th revealed the last of them.

There is an addition in terms of style-'JAMS' as the concerned would rather call it. It falls just a 'wee' bit short of his calves and definitely carries that acid wash look (faded actually). This one is worn by those still in the process of shaping those two sticks (that's a mean one!), Guys! Shorts are back in vogue. The only exception being the ex-Welhamites around campus.

Talking about Welhamites (I swear guys this one is for real) I definitely realize how painful it must get for the lot of you to go on reading about our almost ex-Welhamites because if there is one recurring feature in the Editorial it is on the exies (Don't mind the lingo, you realize ofcourse how essential it is to save on paper especially when the Head of the institution is a confirmed environmentalist).

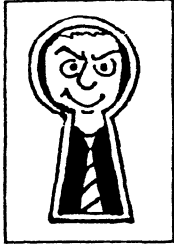
No, but seriously, it sometimes is hard to believe the once totler more than doubles his age and size (my apologies to those who do not satisfy the size part of it) to emerge as an average Welhamite which of course equates with a better citizen, only to enchant the masses with his charismatic personality - did I get that right exies! But do us a favour will you! Only never expose that appetite and the typical Welhamite 'Bhooka' mentality. Securing admission in 'A' grade universities is probably your priority right now, but even that would never compensate for you being a Welhamite. So do keep in touch and spare the university canteens, will you!

GOOD FOOD! and wish you all the best for the future (traditions die hard at Welham you see).

Editor

P.S. An ex-Welhamite overheard talking to himself with the aid of our most common media - 'The Mirror'. "I shall be leaving Welham with tears in my eyes, but then - I got leather on my shoes."

THROUGH THE KEY HOLE



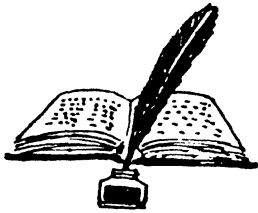
* Varun Bhaskar - "What is that makes the Tower of Pisa lean?"

Rohit Sinha shrugs and offers no comments

V.Bhaskar - "It's DIETING....!!"

* Abhishek "This mouse has been given so much chloroform and yet it isn't fully unconscious"

Ritesh Khanna "Pick up any Welhamites' socks and it will do the trick!"



Literary Affairs of Welham (From our Archives)

A LITTLE BIT OF FLUFF

An honourable Soviet citizen criticized the 'Politburo' severely and called the 'Minister of Culture' a 'fool'.

He was sentenced to 15 years imprisonment by a Russian court for plotting against the 'Politburo advisers' and was also awarded 10 years imprisonment for revealing a 'state secret'.

Actors and actresses of the film industry always perform the custom of wearing dark sun glasses in religious places. They are rather afraid, because god might recognize them and ask them for their autograph.

A professor who would not teach for the sake of teaching but for the fear of unemployment suffered a great setback.

As usual, one of his students congratulated him for his wonderful lecture.

"Please do not thank me", the professor said, as he interrupted his student's remark. "You know that I do it for the sake of money."

With a sly smile the boy added, "Please

consider it as a tip."

At a market, which mostly dealt with poultry products, there was stiff competition among all the business establishments.

Various signs read - "Fresh eggs for sale", "Eggs just been laid" etc. But the sign which attracted most customers, read, "Eggs being laid now".

Fearing that her son might eat up the freshly baked cake, a working mother left a note for her son saying - "Scouts are trustful."

When she returned home, she found a large part of the cake missing.

A notice, nearby, read - "Scouts are brave."

TO BEAR OR NOT TO BEAR

A cold wind blew against his face. He was busy trying to set up his camping gear. The ground was not as hard as he had expected. A few tugs and a few shoves were all it took to set up the one-man tent. He had a slender rifle around his shoulder and a pistol in his pocket, the butt of which protruded out to a great extent.

The man in question was a tall man approaching his thirties, rather thick around his waist and a face which would give the appearance of a person not shaved for a week or so. His name was John Hayden. He had formerly been in the Texas Archaeological Institute and was now a marine Speleologist and was presently on an expedition researching on the habitat of Bears.

The sun was not very high in the sky. Silence prevailed. He sat in the tent with rather an expressionless face. His ears strained to pick up any sort of a sound. Suddenly his face lit up - "Ah a bear in the vicinity."

Loading his rifle, he set off into the wilderness. Compass in hand he walked, his hand fingering the butt of his pistol. He had walked one kilometre south trailing the bear. All was silent except for the clearly audible beat of his

heart. His excitement had reached its zenith. A sudden growl shattered the frosty silence. The man sprang around drawing his pistol. It was from the corner of his eye that he saw the bear hurrying away.

John gave pursuit, in course of which his pistol dropped out of his pocket. He travelled a kilometre west when he once again saw the bear. The bear turned at him. 'The gun. I must get the gun...' Before his mind had issued its orders, the bear bore down on him.

On an impulse he began to run north. He ran, without a thought of the bear behind him. He was bathed in perspiration, his feet ached. 'My camp' exclaimed he as he ran north towards it. But it was futile. A crack was heard - the last thing he ever heard - for the origin of the crack lay in his neck. He collapsed dead. Behind him was seen the bear brushing the dust off its paws.

- Aresh Shirali
(Ex-ISC'88)

THE ANATOMY OF MISS WORLD

Millions of viewers are gripped by television's cliff hanger of the year - the Miss World Final. They always watch transfixed, as the beautiful girls parade at the Royal Albert Hall in national costumes and evening dress. Home experts in comparative anatomy denigrate each other's favourites by calling attention to a too-tilted nose, plumpness, a hint of weakness in the Achilles tendon. Not until the triumphant, damp eyed winner wears her wobbly crown, do the viewing millions relax.

Overseas governments willingly let themselves become involved, for they see national prestige at stake in the Albert Hall line up. When Miss Jamaica won in 1963, her jubilant government printed her portrait on a stamp.

Firmly controlled by chaperones, and awed by the thought that they represent their country's ideal of femininity, the contestants are swept in fleets of Rolls Royces from Heathrow Airport to their quarters in the Britannia Hotel. Security men seal off the floor the girls occupy. Other guests crowd the lobby as the contestants come and go and for two weeks the hotel pulsates with life and excitement. Reporters and photographers from the world's press camp at the Britannia. Most of them are frankly seeking scandal, and in

its absence have to settle on the girls ambitions to travel or to marry. Until the night of the final, the girls are occupied by a round of rehearsals, entertainment and sightseeing. They visit Madame Tussaud's, the Tower of London, are entertained by MPs at the House of Commons and may debate with members of the Cambridge University Union, defeating such motions as 'Beauty is only skin deep'. On these jaunts the girls travel by coach and Moreley, after accompanying them, propounds an immutable law of inertia found in no physics text book: 'No power on earth can move a body of beauty queens across 15 metres of pavement from the hotel door to the coach in one second under 15 minutes'.

The final at the Albert Hall takes two and a half hours and it is edited by the BBC to a one hour programme. Apart from being asked to take audience into account, the nine judges - prominent personalities - are given no instructions. They use a voting system under which the girl with the highest average marks from all the nine judges is the winner. The announcement of the winner comes with a rush. The others have to console themselves with the memory of their free trip to Britain and a year's dominance of their own national beauty scene.

Next morning, while the new Miss World is being photographed, celebrating her win with champagne, commercial firms start bidding for her promotional services. In all a Miss World can earn as much as Rs. 8 lakhs for a year of commercial promotions. For example, Miss World Lucia Petler of Brazil received Rs. 14,250, a Rs. 3,800 clothing voucher and a Rs. 1 lakh gold necklace for switching on the Christmas Light in a London Store. Most Miss Worlds have completed their year's office and concentrated on a bright future.

As Michael Aspel says, "The Miss World Final is often all just a big harmless glittering frolic."

- Gaurav Kampani
(Ex-Welhamite)

WELHAM NOW

- The boys had gone to see a play "Chhatta Beta" staged at the Doon School.
- The marathons for the month of March

were held on the 25th and 26th.

The results:

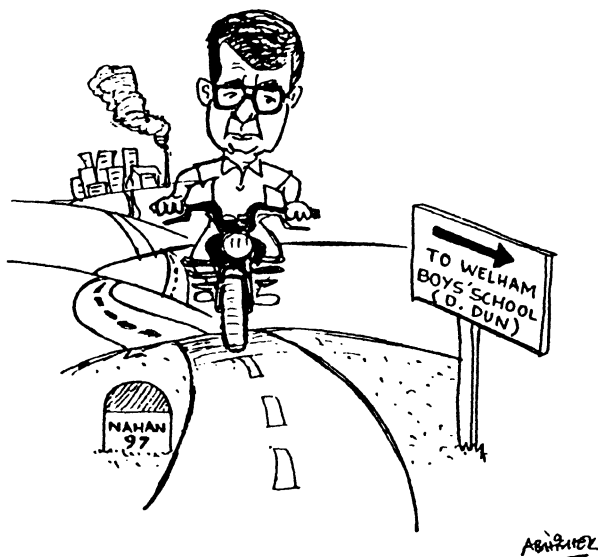
Seniors

1. Ranjit Bedi
2. Vidur J. Bhadur
3. Pranav Priyadarshi

Juniors

1. Shiv Shankar
2. Lavish Sharma
3. Absar Hussain

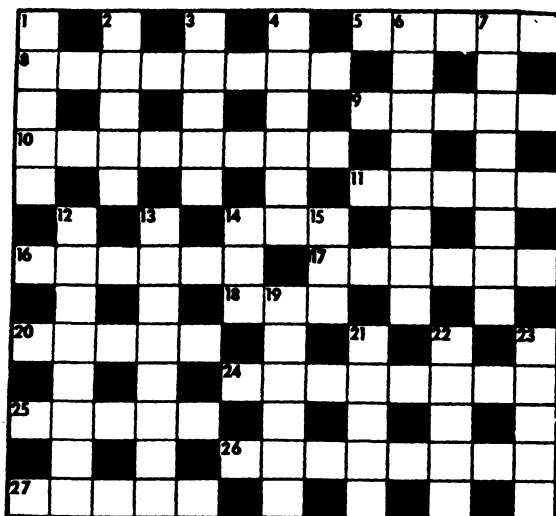
- Jamuna won the Senior cricket Inter House tournament. The best batsman award went to Piyush Aggarwal and the best bowler to Nitin Jain. In the Junior section Ganga won the cup. Anirudh Singh was declared the best bowler and Manish Kumar the best batsman.
- Hockey season has commenced.
- The Welham cricket team had another victory this season by beating the United Banks XI.
- The boys of the basketball team which went to Mussoorie played three matches. It beat St. Georges College (54-36) and Wyneberg Allen School (56-34), and lost to Woodstock (29-32).



- We welcome back Mr. Raina who has rejoined us after a year.

- Our school junior basketball team played against Lawrence School, Sanawar and beat them by a wide margin.
- The swimming pool is out of bounds until further notice.
- We welcome to the school community Mrs N. Sibbal who has joined Welham to teach English to the Middle School. We wish her a happy and a long stay.
- Mr Painuli will be leaving for England soon on an exchange programme

Brain Teasers



ACROSS

- 5 Fundamental (5)
- 8 Causing obstruction (2,3,3)
- 9 Negligent (5)
- 10 Occurring now and then (8)
- 11 Rascal (5)
- 14 Piece of Work (3)
- 16 Split (6)
- 17 Shout of protest (6)
- 18 Plaything (3)
- 20 Prepared (5)
- 24 One of intense energy (4-4)
- 25 Compare (5)
- 26 Prudent (8)
- 27 Be aware of (5)

DOWN

- 1 Chief (5)
- 2 Condescend (5)
- 3 Lawful (5)
- 4 Cotton cloth (6)
- 6 Apportion (8)
- 7 Not in open court(2,6)
- 12 Similarly (8)
- 13 Benevolence (8)
- 14 Spout (3)
- 15 Lad (3)
- 19 Source (60)
- 21 Instruct (5)
- 22 Passenger ship (5)
- 23 Trivial (5)

LAST TIME'S SOLUTIONS

ACROSS: 1 Crave. 6 Tiffs. 9 Erected. 10 False. 11 Realm. 12 Aroma. 13 Repeats. 15 Boa. 17 Idol. 18 Straws. 19 Smile. 20 Splits. 22 Sere. 24 Ess. 25 Avoided. 26 Ample. 27 Climb. 28 Spout. 29 Illegal. 30 Aside. 31 Penny.

DOWN: 2 Reaped. 3 Vessel. 4 Ere. 5 Scars. 6 Termite. 7 Idea. 8 Follow. 12 Atoms. 13 Rinse. 14 Pools. 15 Bread. 16 Asked. 18 Slave. 19 Stumble. 21 Psalms. 22 Simple. 23 Return. 25 Alter. 26 Amid. 28 Sap.

* * *

THE ROGUES GALLERY - Part II

Gagan 'JAGGU' Taleja

As the school Captain he was at the helm of the prefect body. He was different from his predecessors. He was basically a 'cool' guy. He never lost his cool and maintained a low key despite his high status. However one just had to enter the cricket field and one could see Gagan in action. Another place where Gagan was at his very best was the Accounts class. He was so busy putting profit and loss and matching balance sheets that he hardly had time to check anybody.

Raj Kamal 'The Terror' Phukan

He just had to come on the Peacock Stage and everybody was quiet. It was this person who the eleventhers dreaded. Thanks to 'The Terror' the eleventhers developed an excellent relationship with the baddy courts.

'Harry' Mann

The Krishna house Captain was a man of moods. At one time he could be so cool that it was tough to believe that he was a prefect. However, Harinder when angry was the harshest of them all. Harry's laugh is terrific. If he is standing on one end of the field and he happens to laugh, don't be surprised if you hear it on the far end. Harry was also a dedicated sportsman and became the first Welhamite to be awarded the games scarf. Another trait was his passion for music. In case a policeman spots him he just might be jailed for sound pollution.

Siddharath "Audio Visual" Goyal

The lights are perfect, never a flaw is visible. The sound excellent. The man behind the show is Siddharth Goyal. Indeed this was a field in

which Siddharth was beyond compare. Stage productions held in the last two years bear testimony to his expertise. Siddharth wasn't just brilliant outside the classroom, he has also been an excellent student. A light hearted person, Sidharth when in a jovial mood was one of the most likeable of all characters.

Sumesh 'Quarry' Suri

He was one boy who spent the majority of his free time outside the school campus. Now don't jump to conclusions, what I mean to say is that Sumesh spent a lot of time on the Quarry re-afforestation site in the mines of Sahas-tradhara.

Sumesh is the first environmentalist the school has ever produced. Sumesh is also interested in mountaineering. During his stay in school he has been to far off places on ambitious treks.

Another place where we would find Sumesh at times when he was not planting trees was where his music system was kept - which was constantly recording music. (Sumesh, the Friends or the Doon are waiting).

Samir "Sugga" Singhal

The Welham Bank was his home, its Incharge his 'foster father.' Samir continued the PH tradition of adopted 'Betas'.

When the House Master had to be cajoled for an extra outing the 'Beta' was sent to him. Samir was also the Bank incharge and he steered it through the financial year successfully. Were there any losses to the Welham Bank during his reign? That is uncertain but let us hope for the best. We all wish Samir a bright future and whenever he needs help, he can always 'bank' upon Welhams.

Samar 'Speedo Rautela

Well Samarendra Rautela is one boy who did spend quite some time in front of the mirror, though there were few who could give him competition in that field. Samar is indeed gifted with good looks and he would certainly stand out in a crowd. Owing to his keen interest in the activities which took place across the road Samar as expected of him, would wander across to eye the 'activities' with aired interest.

His exploits on the Athletics field were superb and he will truly go down in history as

Griffiti
ON LEAVING WELHAM

have banned the press

No comment

Welham shall always remain
a pleasant memory

Sung Sharma

part of my
life, being
memorable
Laxmi

Will miss you guys hellva lot.

Loadsa & Tom's
love,
Sangram

Welham I'll
miss you.

Arka

Boor! - Boor Sharma - LAKA
Boor! Boor! Sharma
Bhuv's SHAK
IN GOUNA GO
COME RIGHT BACK
Ranjit

The end of a splendid chapter.
Always love and miss you Welham.

Lakshmi

Ant Nimai - Letter remembered...
Than reminded.

I'll MISS EVERYTHING
THE (EX) XII B
THE PRESENT XIII B
THE SEXY EDITOR
AND DEEPAI LETTERS.

Love Sangam

The curtain has finally
fallen on the best
play ever written

Love you WELHAM
Laxmi

Welham - 9th gonna
miss you
Mansi

Wah! what can I say.
पता तो रहे है, अता तो रहे है and so on...
Rudra

I'll Miss Welham
Specially the Race tracks...
Sanya

Happy
my life is over
Arka

were I'm staying
wondering
ex welhamite
Shakti

leaving Welham is like
leaving my motion world
A. Mittal

These eleven years in Welham
are like a dream come true.
Divya

11 years - a long time at a place
but on a second thought feel sad
on leaving A.B.S.
Mahajimishi

going to step into a
new world now.
Goodbye Welham
Arka

The curtain has
fallen on after a long
and happy play...
WELHAM JOURNEY.

one of the best athletes the school ever had.

Samar has one queer interest - he has an extreme liking for fancy shoes. As a result there were many juniors who were temporarily deprived of their shoes. Nevertheless, Samar returned their belongings soon or later. On the whole Samar is a likeable person.

Saurav 'The Thespian' Sinha

The curtain rises and you are able to see a tall, not quite dark, but yet a handsome boy. He begins to speak and your ears immediately tune in to listen to the deep resounding voice of Saurav Sinha. Saurav's exploits on stage were tremendous. Right from the time when he played the role of a girl in 'Under Secretary' for which he was much troubled to the time when he played 'Macbeth', he was simply brilliant. His acting ability was questioned by none whatsoever and he will truly remain one of the greatest actors of our school.

On the other hand Saurav is kind (I would have differed when in class XI) and loveable. He was very popular amongst the boys, thanks to his acting ability. He also kept us in good humour as the editor of this fortnightly and was certainly a hit with his editorials. One person who would certainly sadden the school with his departure.

Vivek 'The White Elephant' Mittal

Now I don't mean to say that he is built like an elephant, all I mean to say is that Vivek was involved in the school canteen. He was the incharge of the much sought after Canteen. He was busy giving cold drink bottles and or chocolates to the boys. Another reason to remember him is his George Michael stubble. Whenever you see him, his stubble will always be there. His best pal was undoubtedly his shaving kit. Vivek will always be plagued by the question "Sir, which shaving cream do you use?"

Vivek was perhaps the most popular with the juniors. He was so warm and kind that he was loved by them. You would hardly notice him punishing anybody. Infact, he was so considerate as a prefect that one could turn around and say "That's the coolest one".

They have been a good, likeable and at times unreasonable bunch of prefects. There were moments when we felt like defying whatever they said but now as they are leaving it

feels as if comfortable armchairs are being removed from our living room.

THE REIN PULLERS

ANURAG KUMAR: Well first of all I would like to thank Mr. Kandhari for entrusting me with responsibility. I'll try to bring about a reform in the hair-dos. As I always say, if they think they are studs, we're bigger studs.

[Schoolie]

VARUN BHASKAR: Oh, thank you. It must have been a long cherished dream since Wood-seats for the rest, but I was sure. Excuse me, 'Ganga House, straight lines!'

[Housie Ganga]

VISHAL SWAIKA: Now that I've become a prefect, it's an opportunity for me to lose some weight, so watch out girls!

Boom boom shaka laka boom boom shak!

Vishal is going to knock you back!!!

[Housie Jamuna]

SHAILENDRA SHARMA: Being Cauvery's Cap is a great privilege. I'll be right back, Guys, please use your napkins and don't trouble the 'beras'. Sorry, now what was I saying?

[Housie Cauvery]

PUNEET MAHAJAN: In the past it has been a tough job controlling K. House because of the so called 'distractions' across the road, but no probs., coz for guys like me its cool stuff. One of my icy looks could freeze a heater colder than Siberia could, so what chance do the Krishna-ites have?

[Housie Krishna]

KABIR 'KC' BAJAJ: The king does not offer his comments.

[School Prefect]

DEEPAK KATARIA: For a moment I was in a dilemma. It was a time of great tension when the announcements were being made, because my name was announced last. Now I think it will be fun implementing army rules.

[School Prefect]

UDIT MITTAL (DUTT) : Well, my election campaign was pretty successful. You can yet see the posters stuck on every building, including

the L.R.C. Besides with my new hair don't you think I give Sanjay a complex ?
[School Prefect]

ROHIT SINHA: My booth capturing went in vain, but nevertheless, I managed to manipulate and win the confidence of the boys. Anyway, all's fair in scoping for prefectship.
[School Prefect]

RITESH KHANNA: Being the prefect for Hindi Debates/Drama etc., I now have an opportunity to outshine my rivals, so I'm preparing hard.
[School Prefect]

RANJIT BEDI: My appointment was a moment of great joy. P.T. and tuckshop litter will be my prime targets. So watch out school, if I see anybody not doing his P.T. property....
[Games Captain]



DUDHWA: A Report

Dudhwa is a tourist's paradise situated in the dense jungles of the terai of Uttar Pradesh. It is on the Indo-Nepal border and in the district of Lakhimpur Kheri.

To reach Dudhwa you can either fly to Lucknow, the capital of Uttar Pradesh, and from there cover the remaining distance by taxi or bus. It is also possible to go by train by alighting at Shahjahanpur station and traveling the remaining eighty five kilometers by car, taxi or bus. Dudhwa can also be reached directly by train but then you have to walk four and a half kilometers through the forest to reach the forest rest house.

We went to Dudhwa by train till Shahjahanpur and from there covered the remaining distance by bus and also in jeeps.

There are four rest houses where you can

lodge. One is in Dudhwa and the others are in Sathiana, Sonaripur and Bankati. The rest houses at Sathiana, Sonaripur and Bankati are in the middle of the forest, and from here wild animals are often seen in the compound during the dark hours.

Rooms are available at rates ranging from rupees twenty five to rupees fifty and dormitories at rupees ten per night. Food is available at the rest houses at nominal rates. You can also lodge in the ethnic 'Tharu' huts which resemble those of the villagers living nearby.

As our group consisted of twelve boys and one escort, we lodged in a dormitory which accommodated all of us comfortably.

For the convenience of tourists, the National Park has made arrangements for elephant, van, pick-up trucks and jeep rides.

For an elephant ride the rates are rupees twenty five per person for a two and a half hour ride and rupees ten per head for an hour long ride for six students. For a ride in a jeep or a van the rate is rupees ten per head plus an entry fee of rupees fifteen per vehicle.

The National Park itself covers an area of four hundred and ninety square kilometers. This vast area is inhabited by a large variety of animals. The main attraction is the tiger and spotting one depends on how good your luck is.

The National Park contains approximately fifty percent of the world's swamp deer population (more commonly known as the 'barasingha'). Their number is fast dwindling and you can count yourself lucky if you manage to spot a herd. The park also contains other species of deer like the barking deer, spotted deer, chital and sambhar.

Rhinos has also been introduced into this National Park though they are kept behind an electrified fence, hidden from public view.

The Park also contains several leopards whose appearances, however are rare. The Park is also inhabited by a large number of peacocks, crocodiles, snakes, wild boars and jackals. It contains three hundred and seventy five different species of birds. The rarest bird which inhabits the Park is the Great Indian Bustard. The other birds include cranes, kingfishers and woodpeck-

ers.

The flora covering the vast area of the National Park ranges from the thickly spread elephant grass to the Dhak trees laden with bright orange flowers. One can see fascinating combinations of Sal trees and grasslands; grasslands and wetlands.

The best way to view a tiger or any other animal is riding on an elephant back as it is capable of reaching the dense and remote parts of the jungle. If you can sit on a 'machaan' at dawn or dusk it is easy to spot a large number of animals. The forest also consists of anthills, some almost six feet tall.

We went through the jungle in jeeps and on elephants. We were able to see a large variety of deer, mainly the spotted deer. The jeeps were made available to us by three former students of Mr. Painuli who were very generous to us throughout our stay. We were lucky to have spotted three tigers: two while travelling by jeep and one while riding an elephant.

The Park has been aided by valuable contributions made by Billy Arjun Singh who is a naturalist and tries to prevent injustice to animals. We met him at his residence 'Tiger Haven' where he showed us two documentaries; one on Dudhwa and the second on Tara, the tigress which he has brought up.

There are other places also which are worth a visit, like the 'Quila' where a battle is said to have been fought many years ago. There is also the grave of a saint and the grave of a Rajput king, and his wife is supposed to have committed 'Sati' there.

Dudhwa's peacefulness, tranquility and scenic beauty makes it a beautiful place to relax and enjoy the wildlife which till recently had been preserved well but alas, now shows signs of dwindling

- Vidura J. Bahadur

. . .

Minutes of School Committee Meeting - 13th of March.

1. Shailendra Sharma suggested that the old basket ball court in the Krishna field and the

badminton court near P.H. should be repaired. The Chairman said that he had other plans in mind. He has decided to convert the old basket ball court into clay court for the Juniors as they are more prone to injury on the cement court. The badminton court would be repaired during the week.

2. Gautam Khattar suggested that sodium lamps should be installed near the basket ball courts in the Krishna field. The Chairman agreed, but said it would take some time to implement as it was an expensive affair.

3. Bhavin Patel suggested that we should be given boiled water for drinking. The Chairman rejected the proposal stating that it was impractical.

4. Sharib Khan suggested that Welham should maintain a book of records. The Chairman refused and instead suggested that each sports Captain should maintain a record of the players achievements for each year.

5. Harjot Singh suggested that the School should award scholar's scarves to boys who secure above 90% in the exams. The Chairman had no objections.

6. Prashant Kochar suggested that the budget for the Mid-Term excursions should be raised keeping in mind that prices have risen. The Chairman approved this.

7. Ranjit Bedi and Vishal Swaika suggested that House Entertainment should be re-introduced. The Chairman agreed, saying that it had never been stopped. He also agreed to allocate certain funds for this purpose.

8. Himanshu Singh suggested that rooms on the ground floor of P.H. should be provided with two fans each. The Chairman said he would look into this and have fans installed where needed.

9. A suggestion was made that the toilets in the L.R.C. should be opened for use. The Chairman did not agree. He said that they would be opened for certain occasions such as Basket Ball matches.

10. A suggestion was made that classes XI & XII should be allowed to wear Bata Ambassador shoes. The Chairman had no objections and said that he would place the orders.



True Concept of Games & Sports

Regular participation in games and sports helps an individual to develop his all round personality which includes the physical, emotional, social and mental aspect. Let us now see as to how these aspects are developed through games and sports.

Physical Aspect. Participation in games and sports improves physical fitness which consists of various components, like flexibility, co-ordination ability, mobility, strength, speed and endurance. All these above components can be developed by regular training and as a result a person achieves a high level of fitness.

Emotional Aspect. A player while participating in a game faces different situations of varying kinds e.g. wrong decisions, crowd taunting, weather, grounds and rough play. A player has to learn to keep his cool and control his emotions and show his sportsmanship on the play in field. A true example of cool emotions was the great tennis player Bjorn Borg and exactly the opposite was John McEnroe, a classic example of lost tempers and throwing tantrums, that's why he was nicknamed 'Super Brat'.

Social Aspect. Participation in games and sports brings individuals of different countries, caste, creed and language on one common platform. One gets an opportunity to meet different people, make friends and share ideas. As you all know, man is a social being. Games and sports offer an excellent opportunity to develop these social qualities.

Mental Aspect. Gone are the days when people used to think that sports require the use of physique to show one's worth. Sports has now

become a science where only the intelligent player can overcome his opponent by using proper tactics. A player has to think intelligently, make decisions on the field in a fraction of a second. A slight error on the part of any player may cost his team a match. Besides his physical prowess, a player also has to think intelligently to win a game. Now a days computers are also being used to enhance performance in sports.

Therefore we can come to the conclusion that participations in games & sports is the best way of improving the all round personality of an individual.

Therefore every individual must try to participate in different games and sports, do exercises regularly which will enable him or her to lead a healthy life.

The general observation made by me after completing one month in this School is that the amount of facilities by way of grounds and equipment are not being utilised by the boys to the fullest extent. The equipment that they use for a particular game is not cared for.

There is a lot of talent in boys, yet even after repeated requests to come for training there is no response.

The Junior classes are at least now making use of their games time properly. I have made a number of requests to the Senior boys for Athletics coaching but I am sorry to say that they have totally neglected my request. Athletics is a sport which requires year round training otherwise there will be no good result. My request to each boy is to understand the importance of participation in games and sports. I know that all cannot become champions but there is nothing like trying and aim is to achieve a high level of fitness which will be beneficial throughout life. In today's world it is the survival of the fittest to lead a quality life.

हिन्दी अनुभाग

दूध का कारखाना

तुम्हें दिलचस्प बातें बताऊं,
कारखाने के बारे में,
कोई ऐसा-वैसा नहीं,
दूध का कारखाना!

एक दिन मैं गया
दूध के कारखाने में,
वहाँ मैंने देखा,
बहुत ही बड़े टैंक,
किन्सी में गर्म, किन्सी में ठंडा दूध।

गाँव से आता,
बीस हजार लीटर दूध,

उत्ना का उतना ही,
बिक जाता हर रोज।
वहाँ पर मैंने पिया,
बहुत ही ठंडा और स्वादिष्ट दूध,
जिससे लगा मुझमें आ गई शक्ति तुरन्त।

बाद में एक महाशय ने,
बताया हमें सब कुछ,
कारखाने के बारे में,
बना था १९६६ में दूध का कारखाना।
गाँव से जो आता दूध,
उसकी करते जाँच,
मशीन में डाल कर,
घुमाया जाता दो मिनट,
जिससे पता चलता है,
कितनी है चिकनाई।

पहले दूध को करते ठंडा,
फिर करते गर्म,
फिर से करते दूध को ठंडा,
जिससे मर जाते सारे कीटाणु,
फिर कर देते पैकिट में बन्द
देखा मैंने होते बंद,
दूध को थैलियों में,
और घी फनीर, मिठाई को,
देखा मैंने होते उत्पादन।
इससे पता लगता है,
कितना शुद्ध होता है यह दूध।।

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शिविर यात्रा का आनन्द

२६ मार्च, एक ऐसा दिन जिसके बारे में सोचते ही हमारे मन में
नई-नई उमंगें उमड़ने लगती थीं। यह दिन मध्य सत्र अवकाश का
पहला दिन था और इस दिन हमें चकराता के लिए प्रस्थान करना था।

आखिर वो दिन आ ही गया। हम लोग सुबह पाँच बजे ही तैयार
हो गए और सात बजने की प्रतीक्षा करने लगे। यह हमारे प्रस्थान

करने का समय था। सात बजे हम बस से चकराता की ओर चल
पड़े। बहुत ही जल्दी हम गगन चुम्बी पहाड़ों के घुमावदार रास्तों पर
चल रहे थे। बहुत लड़कों का चक्कर आने लगे पर हमारी बस बिना
किसी फिकर के अपने गन्तव्य की ओर चलती रही। हमें कालसी में
रुकना पड़ा क्योंकि वहाँ पर रास्ता बन्द था। इसी समय हमने सघाट
अशोक की शिलालेख को देखा। यह पाली भाषा में लिखी हुई थी।
चकराता हम करीब दो बजे पहुँचे। वहाँ अधिक गर्मी नहीं थी और
इसलिए हमें गरम कपड़े पहनने पड़े। रंग-बिरंगे फूल, गगन चुम्बी वृक्ष
ऐसा लगा रहा था मानो हमारा कोई भव्य स्वागत कर रहा हो।
कनासर में भारत का सबसे बड़ा देवदार का पेड़ था। कनासर हम
दूसरे दिन गए और रास्ते में बर्फ के भी दर्शन हुए। मैंने अपनी जिन्दगी
में पहली बार बर्फा देखी थी इसलिए मेरा मन था कि हम वहाँ रुके पर
जब यह पता चला कि देवबन, जहाँ हम जा रहे थे, वहाँ सिर्फ बर्फ थी
तो मैं खुशी से झूम उठा।

तीसरे दिन हम चलकर देवबन पहुँचे और यह दिन इस मध्य सत्र
अवकाश का सबसे अच्छा दिन था। देवबन जाने का कार्यक्रम हमने
बहुत पहले से बना रखा था। जब हम यहाँ पहुँचे तो आँखों पर
विश्वास न कर सके। आँखों के सामने बर्फ ही बर्फ थी। हम बर्फ पर
फिसल कर नीचे तक जाते और फिर ऊपर आते। हम बर्फ के गोले
बनाकर एक दूसरे पर फेंकते। इस प्रकार हमें देवबन में बहुत मजा
आया। आखिर खाना खाने के बाद हमारे चकराता जाने का वक्त हो
गया। हमारे मन में उदासी छा गई। देवबन जैसा पर्यटन स्थल मैंने
पहले कभी नहीं देखा था।

चौथे दिन हमने मसुरी के "कैम्पटी फॉल" ह से भी अच्छा एक जल
प्रपात देखा। यह करीब दो सौ फीट ऊपर से गिर रहा था। इसकी
बूंदें हमारे चेहरों पर आ रही थीं। बड़ा ही चिन्ताकर्षक दृश्य था। रात
में हमने एक कैम्प फायर बनाया और हम उसके चारों ओर मस्ती में
झुमने लगे। कक्षा '७' और '८' में एक गाने की प्रतियोगिता हुई। हम
लोगों ने कक्षा '८' को पराजित कर दिया।

पाँचवे दिन हमने करीब ६ बजे वापस स्कूल की ओर प्रस्थान
किया। हम सब बहुत उदास थे। अब हमें अपने भाग्य पर निर्भर होना
पड़ा कि कब हम फिर से देवबन आएँगे। मैं यह आशा के साथ देवबन
से जा रहा था कि कभी फिर से मेरा भाग्य मुझे वहाँ ले आएगा।

- अंशुल अनुराग

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Published & Printed by WELHAM BOYS SCHOOL. Printed at PRINT WORLD, DEHRA DUN. Registration No. 20208/86